

Agent	Brand Name	MOA	Indication	Benefit	Administration	Adverse Effects	Monitoring	Supportive Clinical Documentation	Notes
<b>Anti-IgE</b>									
Omalizumab (SQ)	Xolair	Prevents IgE from binding its receptor on mast cells.	"Atopic-Allergic Asthma" IgE 30-700 IU/mL	Decr exacerbation rate x25%; decr ICS use.	<b>Injections</b> 0.016 mg/kg per IU of IgE (150-375 mg) q2 or 4 weeks	BBW: <b>Anaphylaxis</b> , rare 1:1000; Epipen Injection site reactions Rare: TIA/CVA, eGPA, fever/arthritis/rash (warrants d/c)	Body weight	Patient meets eligibility criteria with sensitization on skin prick AND/OR total IgE 30-700 AND/OR frequent exacerbations AND acceptable weight. Patient demonstrates eos >260 uL AND/OR FeNO >20 ppb AND/OR allergen-driven symptoms AND/OR childhood-onset asthma that predict a good response to Xolair.	Observe 2 hours after initial 3 injections for anaphylaxis/hypersensitivity EXTRA trial and INNOVATE study XPORT study (cont. if favorable response in initial 3-6 mo)
<b>Anti-IL5</b>									
Mepolizumab (SQ)	Nucala	Binds to IL-5 ligand --> prevents IL-5 from binding its receptor.	"Eosinophilic Asthma" >150/uL	Decr annual exac rate (upto 60%), improve QoL, decreases CCS use.	100 mg q4 weeks	BBW: <b>Anaphylaxis</b> , rare 1:1000 - Epipen Injection site reactions, headache, angioedema	PFT, exac freq, ACT, SABA: baseline, 3-6 mo	Patient meets eligibility criteria with eosinophils >*** AND/OR frequent exacerbations. Patient demonstrates eos >*** uL AND/OR frequent exacerbation over last 12 months AND/OR nasal polyps AND/OR adult-onset asthma predicts good response to ***.	Approved for eGPA at higher doses SIRIUS trial
Benralizumab (SQ)	Nucala	Binds IL-5a --> apoptosis of eos and basophils	>300/uL	Above + improved lung function	30 mg q4 wk x 3 then q8 wks	Hypersensitivity reacts: anaphylaxis, angioedema, urticaria	Common sense		ZONDA trial
Reslizumab (IV)	Cinqair	Inhibits IL-5 signalling --> decr production, recruitment, activation, survival of eos	>400/uL	Decr exacerbation rate + improved lung function. No studies on decr CCS use.	3 mg/kg q4wks	Increased CPK (transient), myalgia, oropharyngeal pain Anaphylaxis (3%, as early as 2nd dose)	PFTs, S&S infection, CBC/diff (baseline, periodically)		BREATHE trials
Depemokimab (SQ)	Exdensur	Inhibits IL-5 signalling --> decr production, recruitment, activation, survival of eos	>300/uL (in last 12 mo) -or- >150/uL at screen		100 mcg q6 mo	Hypersensitivity rxns Neutralizing (6%) antibody d/dp (10%), influenza, injection site rxn, arthralgia, allergic rhinitis, pharyngitis URI	PFTs, S&S infection; SABA use (incr use may signal deteriorating asthma)	SWIFT 1 and 2 trials; if dose missed, give ASAP and restart 6 mo from time dose was given	
<b>Anti-IL4R</b>									
Dupilumab (SQ)	Dupixent	mAb that targets the IL-4a receptor + IL-4 and IL-13 signalling --> decr IgE production, decr recruitment of inflammatory cells + stimulates goblet cell hyperplasia + modulate airway hyperresponsiveness / remodeling	<b>Peripheral Eos</b> >150/uL -or- Oral CCS dependent -or- FeNO >= 25 ppb regardless of eos	Decr exac (50-70%), impr lung fxn (rapid), decrease CCS use (x70%, ~50% able to stop completely).	200 or 300 mg q2 weeks	Injection site reactions (<= 18%), and hyperesoinophilia (4-14%; transient). Antibody development (1-16%; neutralizing: 1-5%), URI, diarrhea/gastritis, UTI (3%)	CBC/diff baseline, 1 mo, 3mo, periodically (closer if eos >1500)	Patient meets eligibility criteria with frequent exacerbations AND/OR eosinophils >150 AND/OR FeNO >25 ppb AND/OR need for maintenance ICS. Patient demonstrates eos >*** AND/OR FeNO >*** AND/OR nasal polyps AND/OR atopic dermatitis that predicts good response to Dupixent.	Also approved for atopic dermatitis. Strong consideration in asthma with chronic rhinosinusitis and/or nasal polyposis. Pos asxn w psoriasis/PSArth
<b>Anti-TSLP</b>									
Tezepelumab (SQ)	Tezspire	Blocks thymic stromal lymphopoietin	"Low Type 2 Asthma" Eos <150 -or- Eos 150-1500	Decr annual rate of exacerbations in severe persistent asthma. Improved symptom burden.	210 mcg q4 weeks	Ab development (2-3%; neutralizing <1%), hypersensitivity/anaphylaxis; influenza; injection site reaction; arthralgia, back pain; epistaxis, pharyngitis	PFTs, S&S infection; SABA use (incr use may signal deteriorating asthma)	NAVIGATOR trials Also approved chronic rhinosinusitis w nasal polyposis. Benefit of lower magnitude when eos <300 - still sig decr exac.	
<b>Macrolide</b>									
Chazithro (PO)		Anti-inflammatory	Neutrophil predominant	Decr exac, incr QoL	3x/week (oft MWF)	Diarrhea Hearingloss QT prolongation			BAL cell count/diff or IgE, eos not increased AMAZES trial
<b>Thermololasty</b>									
Bronchoscopic Tx		Decr asthma w radioregrence energy	Considered tertiary treatment		Bronch x 3				AIR 2 Trial: decr ED visits, exacerbations, but so did sham

\*Curated by Dr. Melanie Garbarino March 2026. Cannot be replicated or distributed.

Inhaled Corticosteroid Doses	Total daily ICS dose (mcg)		
	LOW	MEDIUM	HIGH
Beclomethasone (pMDI, HFA, standard particle)	200-500	>500-1000	>1000
Beclomethasone (DPI or pMDI, HFA, extrafine particle)	100-200	>200-400	>400
Budesonide (DPI, pMDI, HFA, standard particle)	200-400	>400-800	>800
Ciclesonide (pMDI, HFA, extrafine particle)	80-160	>160-320	>320
Fluticasone furoate (DPI)	100		
Fluticasone propionate (DPI)	100-250	>250-500	>500
Fluticasone propionate (pMDI, HFA, standard particle)	100-250	>250-500	>500
Mometasone furoate (DPI)	Depends on DPI device - see product info		
Mometasone furoate (pMDI, HFA, standard particle)	200-400		>400

\*Source 2024 GINA guidelines